



Signpost



The path of the fountains

Itinerary length: 5.5 km.

Including diversions to Casarasco km 7.

Travelling time: about 2 hours

Height difference: mt 200 Difficulty: easy hiking

Equipment: hiking boots, rain cape, mountain poles, camera, spotting scope, water.

Recommended period: all year round except hunting days.

It is recommended not to light fires; do not pick flowers, do not litter; respect animals.

Information:

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Texts, graphics and photographs by the Associazione Culturale Amici di Poggio Ferrato.

HOW TO GET THERE



FARMHOUSES

Cascina Legra, loc. Legra, Val di Nizza, tel. 0383.578218

www.cascinalegra.com

Cascina Serzego, loc. Serzego, Val di Nizza, tel. 338.3262753

www.agriturismocascinaserzego.it

La Cascina di Nonno Marco, loc. Serzego, Val di Nizza, tel. 338.8642901

Due Camini, loc. Due Camini 6, Ponte Nizza, tel. 0383.59541

347.7605547, 349.5835664, www.duecamini.it

La Scuoletta, Sant'Alberto di Butrio, Ponte Nizza, tel. 0383.541899

LODGINGS

Gattone, via alle Scuole 48, Poggio Ferrato, Val di Nizza,

tel. 333.6079851

Panorama Oltre Natura, Poggio Ferrato, Val di Nizza,

tel. 339.8017866

B & B Villa Bellaria, Pizzocorno, Ponte Nizza, tel. 0383.549154,

335.6706952

FOOD

Panificio Alimentari di Culacciati Roberto, Sant'Albano, Costa Croce, Val di Nizza, tel. 333.1151078

Panificio Gattone, Poggio Ferrato, Val di Nizza, tel. 0383.541578

Salumificio Fronti, Loc. Fontanino, Val di Nizza, tel. 0383.578003

FARMS

Azienda Agricola Simone Rolandi DE.CO. Pomella Genovese, Nizza Inf., Val di Nizza, tel. 333.2788948, www.lavalledellafrutta.it

Azienda Agricola "Valle Nizza" di Agosti Gabriele,

DE.CO. Pomella Genovese, Moglie, Ponte Nizza,

tel. 0383.59376, vallenizza.wixsite.com/website

Società Agricola "Tre valli", Casa Schiavo, Val di Nizza

tel. 335.1207283

Azienda Agricola Oranami, Pizzocorno, Val di Nizza

tel. 335.333909, 331.3247955, www.oranami.it

BAR RESTAURANTS

Lanzarotti, Casa Ponte, Val di Nizza, tel. 0383.578017

Ristorante/Pizzeria Dedomenici, Ponte Nizza, tel. 0383.59128,

339.1507115, www.pizzeriadedomenici.it

Ristorante/Pizzeria Marinella, Trebbiano, Ponte Nizza,

tel. 0383.545165

Osteria La Piola, Casa Minchino, Ponte Nizza, tel. 0383. 59216

Osteria PappaeCena, Poggio Ferrato, Val di Nizza,

tel. 347.2244964



COMUNE VAL DI NIZZA



Pro Loco VAL DI NIZZA

The path of the fountains

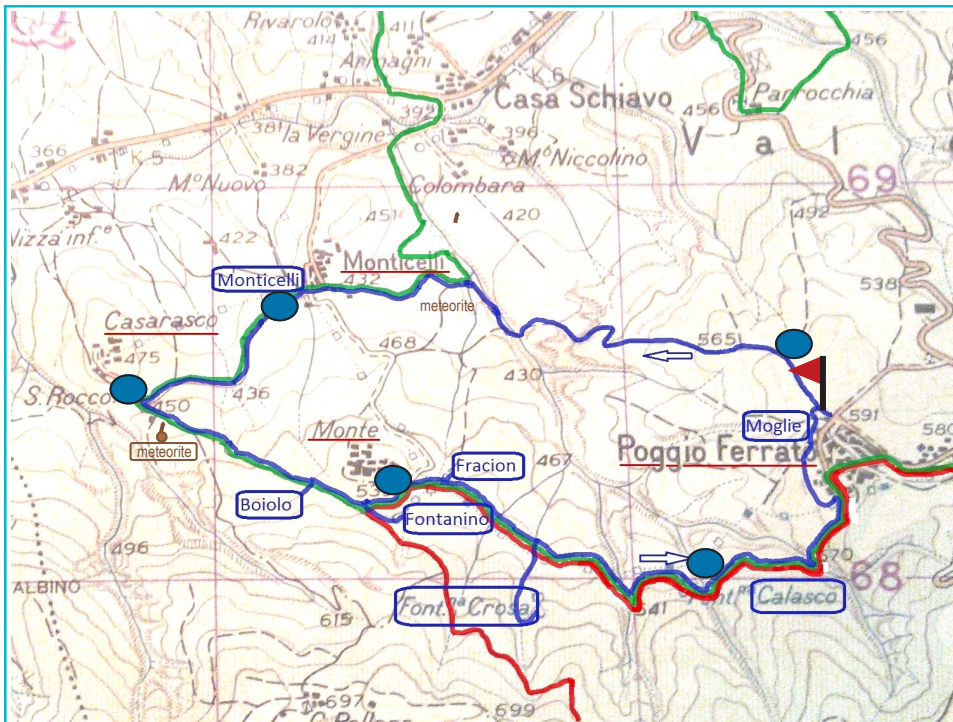
nature trail and didactic



Val di Nizza PV

Val di Nizza PV

Val di Nizza PV



Legend

- Fountains Path
- Path of the Oratories
- King's Ring
- ▲ departure
- ➔ suggested direction of travel
- locality
- fountain
- information table
- meteorite

historical references. Having resumed the trail, we reach the "Belvedere", the site of a meteorite fall in the year 1903, then the path leads to the ancient village of Monte, which was originally a small "domusculta" (medieval farm), first dependent on the Monastery of Bobbio and from the 12th century onwards on the Abbey of S. Alberto di Butrio. Before the village, the Boiolo spring is encountered, then a

FOUNTAINS PATH

The Sentiero delle Fontane (Fountains Path) is a hiking loop that starts from the votive chapel in Via della Vigna at Poggio Ferrato and ends there after a beautiful walk of about 6 kilometres, almost entirely through shady woods, rich in native flora and centuries-old chestnut trees.

From Poggio Ferrato we descend along the old road called 'dei Rossi', which has now largely disappeared. At the end of the descent, we cross the Calarello stream, and after a few hundred metres the route merges with the Oratorians' path leading to Monticelli. Here a stop at the beautiful fountain is a must.

Continue along the tarmac road as far as the Oratory of San Rocco; a short diversion leads to the ancient fortress of Casarasco belonging to the first Malaspina family of Lunigiana, which still preserves important

short diversions leads to the Fontanino spring, then back to the small, charming village.

From Monte, the path continues along the old route of the Anello del Re (King's Ring) and, after passing the "Fracion" fountain, we plunge into the "Castanetum", an imposing wooded area of chestnut trees, oaks, maples and locusts that extends for several kilometres. Further on, a sign leads up to the 'Croesa' spring in the middle of a shady clearing with centuries-old trees crowning it. Returning to the path, we reach the Calasco spring, the most active in the entire valley. Transformed into an aqueduct in 1958, it supplies drinking water to many families in the municipality of Val di Nizza. The itinerary ends at the Moglie fountain, just below the village of Poggio Ferrato.



Walking this path is a bit of a journey back in the history of this land and its inhabitants; it is the still living memory of the work and effort endured by the people of that time to access the water. Ideally the thought will go to those men who with the sole force of their arms operated shovels and picks to dig and channel the water from the source to the inhabited center; women washing clothes at washhouses; to the farmer who brought to drink the herds after a hard day of work consumed in the fields.

Each of them will tell us his story and recite a prayer to us posterity:

Water is a wealth indispensable for our lives:

Let's respect it!

*on the cover: Monticelli fountain;
left: Casarasco rock;
right: Fracion spring;
bottom: Moglie fountain.*